Be Kind Spring: May 1-31

Simple acts of kindness can change the world! Mark the activities as you complete them. Return your sheet with any 10 (or more!) squares completed and you'll be entered into a drawing to win a pack of plantable pencils. See reverse for more details.

| Add books to a Little Free Library OR donate food, toys, etc to a local organization | Do your school and homework without complaining or being reminded | Make a craft or homemade gift and give it to someone | Write a haiku or draw a picture for someone special | Upcycle or repurpose something in your recycling bin |
|--|---|--|---|---|
| Give someone a sincere compliment, OR surprise them with a friendly wave | Learn a new joke and make someone laugh | Make a sign with a kind message for your windows OR write it on a sidewalk | Walk in someone else's shoes: read a biography | Move a neighbor's newspaper to their front doorstep |
| Give a little extra love to a pet or a plant, OR hug a tree | Teach someone a new trick/skill/song OR learn something new and show others | Thank a server/cashier OR make a thank you card for an essential worker | Take a nature walk, OR make a bird feeder (pine cone + peanut butter + bird seed) | Let someone go ahead of you in line OR take your turn |
| Ask your parents or grandparents what life was like when they were your age | Set the table OR help make a meal | Be kind to the earth! Don't use a car today. | Let someone else choose the tv show, game, or activity | Sweep someone's sidewalk OR do their yardwork |
| Call someone just to say hello, OR tell a family member that you love them | Paint a "Kindness Rock" (i.e. add a kind message to a rock) for someone to find | Read a book to another person, OR just look at the pictures together | Do a chore without being asked, OR clean up someone else's mess | Offer to carry something for someone else |

BE KIND SPRING CHALLENGE

May 1 - May 31

WHAT TO DO

- 1. Choose at least 10 acts of kindness (see reverse!).
- 2. Mark each challenge as you complete it.
- 3. <u>Fill out the entry form below</u>. (You can participate as an individual or work together as a family. Please print legibly.)
- 4. Return your completed sheet by Saturday, May 31:
 - a. Scan/email to: tpadal@palatinelibrary.org
 - b. Bring it to the Main Library's Youth & Teen Services Desk.
 - c. Give it to staff at the North Hoffman or Rand Road Branch.

ENTRY FORM

| My name is: | (individuals and families welcome!) |
|-------------|-------------------------------------|
| Phone: | Email: |

